

Brookfield Parks & Recreation presents...

The 16th Annual Brookfield Family Chiropractic 5K Halloween Run

Date: Sunday, October 28

Time: 5 K Race begins at 10:00 a.m.

Race Day Registration 8:30 to 9:30 a.m.

Place: Brookfield Municipal Center,

100 Pocono Road

Pre-registration fee: \$20.00

Race Day Registration: \$25.00

Walkers welcome! Race features long-sleeve T's to first 350 registered, prizes to top runners in eight age groups, water station, splits at mile marks, prizes for best costumes, and excellent

post race refreshments. USATF certified #CT06013JHP.

Associate Sponsors:

Dr. Claire A. Free, M.D., LLC

Iovino Brothers Screenprinting and Promotion

Poland Spring

The Brookfield Journal

Webster Bank

12th Annual Kids K Fun Run

Date: Sunday, October 28

Time: Kids K begins at 9:30 a.m. SHARP!

Place: Brookfield Municipal Center,

100 Pocono Road

Pre-registration Fee: \$10.00 (Includes prize and t-shirt)

No Race Day Registrations for KIDS K!

Kids K Age Groups: 5 and Under, 6 - 8, 9 - 12

Please visit our website

www.brookfield.org/halloweenrun.htm
to download a registration form.



Special Events

First Annual Candlewood Lake Canoe & Kayak Race

Brookfield Town Park, Brookfield CT

Sunday September 23, 2007

7:30 - 9:30 a.m. - Check-In

9:45 am - Opening Ceremony

10:00 am - Canoe Races

11:30 am - Kayak Races

2:00 pm - Race Results

All participants must register by September 17, 2007.

Registration fee for the first 100 registered includes: race T-shirt, water bottle, raffle ticket and refreshments.

Registration fees: Ages 10 - 15 yrs. - \$20 per person / Ages 16 - 64 yrs. - \$25 per person / Ages 65 and over - \$15 per person. Proceeds will benefit environmental stewardship work on the Still River. For complete information download a registration form from our website at

www.brookfield.org/offices/pnr/index.htm or call Parks & Rec. at 775-7310 and we will fax or email you a copy.

"Drive In" Movie - CARS

We're going to be reliving all of the excitement of the Danbury Drive In right here in Brookfield. Join us on Saturday, September 22 for a showing of Walt Disney's "Cars". Bring your friends and family, along with blankets, chairs, and snacks. The show starts at dusk at Town Hall, and will be shown on a 10 x 10 foot video screen. Seating will be on the lawn in front of the bandstand. There is no charge for this event.

Day: Saturday

Time: Starts at dusk

Date: September 22

Fee: Free

Annual Scarecrow Decorating Day



If you've ever seen people driving around Town with scarecrows sticking out of their sunroofs or from their trunks, they were probably on their way home from this popular event! Join us on Saturday, September 29 at 2:00 p.m. in front of the Brookfield Municipal Center, 100 Pocono

Road. Please bring along old clothes (shirt and pants), string, scissors, a brown bag or sack for the head and whatever accessories you would like to decorate with. We'll supply the directions, hay, and stakes. And best of all, it's free! Don't forget to pre-register with the Parks & Rec. Office by calling 775-7310 if you are planning on attending. The rain date for this event is Sunday, 9/30.

Haunted House Workshop



Children age 3 - kindergarten and in grades 1 - 4 will decorate their own haunted houses using frosting, candy, and more. Wear a smock or old clothes, and be prepared for a finger-licking good time! Please bring an

empty, rinsed ½ gallon cardboard milk or juice container with you. Instructor: Cathy Westervelt

Day: Saturday

Date: 10/27

Place: Senior Center

Fee: \$12.00

Time: Tots: 12:30 - 1:30 p.m.

Grades 1-4: 1:45 - 2:45 p.m.

8th Annual Trick or Treat at Town Hall

Parents and children (infants through grade 1) are invited to "trick or treat" at Town Hall this year on Halloween, Wednesday, October 31 between 2:00 – 4:00 p.m. Older siblings are also welcome. Office doors will be decorated, and we will be passing out lots of candy! Please be sure to dress in costume and to bring your own candy bag to hold all of your treasures. There is no charge for this event. However, we are asking that each child bring either a non-perishable, "kid-friendly" food item such as peanut butter, jelly, macaroni & cheese or canned spaghetti or ravioli for the food pantry or a monetary donation for the Brookfield Emergency Fund. The Emergency Fund is a non-tax dollar supported fund, which aids Brookfield families in crisis. The collection box for any items will be at the Social Services Office, which is located directly in front of the main doors of Town Hall. Pre-registration is required by October 29 by calling Parks & Rec. at 775-7310.

Thanksgiving Turkey Workshop

Children ages 3 – kindergarten and in grades 1 - 4 will create a turkey centerpiece for their table. Please wear a smock or old clothes.

Day: Saturday Date: 11/17
 Place: Senior Center Fee: \$12.00
 Time: Tots: 12:30 - 1:30 p.m.
 Grades 1-4: 2:00 - 3:15 p.m.
 Instructor: Cathy Westervelt

**Christmas Ornaments Workshop**

Children in grades 1 - 4 and 5 - 8 will make a variety of Christmas ornaments.

Day: Saturday Date: 12/15
 Place: Senior Center Fee: \$12.00
 Time: Grades 1- 4: 2:00 - 3:15 p.m.
 Grades 5 - 8: 3:30 – 4:45 p.m.
 Instructor: Cathy Westervelt

Tots Holiday Workshop

Children ages 3 - 5 will create a holiday masterpiece using a variety of materials. Parents are encouraged to stay.

Day: Saturday Date: 12/15
 Time: 12:30 - 1:30 p.m. Place: Senior Center
 Fee: \$12.00 Instructor: Cathy Westervelt

**Letters to Santa**

Receive a genuine letter from Santa Claus himself! Drop your child's personal letter in the North Pole Mailbox in the Parks & Recreation Office, or mail it to Santa, Attn:

Parks & Recreation Department at P.O. Box 5106. Your child's letter must include a self addressed stamped envelope. Santa himself will mail a personalized letter back in time for Christmas. In order for a timely response, letters will be accepted December 3 – 14.

**Magic Workshops**

Calling all future Harry Houdini's and David Copperfield's! Students ages 5- 12 will learn five magic tricks from a full-time professional magician, and will receive their own magic kits containing the props necessary to

perform them at home. All new magicians will also receive their own magic wand, as well as a certificate of completion. Each workshop includes different magic tricks, so students may enroll in all four.

Instructor: Tom O'Brien Fee: \$15.00 each

Abracadabra - Magic Workshop 1:

Thursday 9/27, 3:50 – 4:50 p.m. HHES Music Rm.

Hocus Pocus – Magic Workshop 2:

Thursday 10/18, 3:50 – 4:50 p.m., HHES Music Rm.

Presto – Magic Workshop 3:

Thursday, 11/8, 3:50 – 4:50 p.m. HHES Music Rm.

Alakazaam – Magic Workshop 4:

Thursday 12/6, 3:50 – 4:50 p.m. HHES Music Rm.

Deck the Halls With Boughs of Holly!

You won't believe what you can create in one afternoon! Welcome the holidays by creating three festive decorations for your home, which may include at the instructors' discretion: a live green

wreath to adorn your front door, a kissing ball, a boxwood tree for your table, or a centerpiece using candles, greens, and fresh flowers, among other projects. In this workshop the instructors will demonstrate and work with participants as they complete the projects, no previous experience is necessary. All materials for projects are included. Please bring along gardening gloves and cutting shears. Registration is limited.

Day: Saturday Time: 12:00 - 4:00 p.m.
 Date: 12/1 Place: Senior Center
 Fee: \$75.00 Instructors: Brookfield Garden Club

5th Annual Dinner With Santa

Friday, December 7. Sponsored by the Recreation Enhancement Council, 5:00 – 8:00 p.m. in the Huckleberry Hill School Upper and Lower Gyms. Features dinner (served in Upper Gym), games, crafts, raffles and more! All proceeds to benefit REC. Watch for a flyer with more details being sent through the schools in November.

4th Annual Bock and Blu Christmas Concert

Join Bock and Blu and special guests at this concert sure to get you into the Christmas spirit. All profits benefit the Music Department of the Brookfield Public Schools. A representative from Operation E.L.F. will be on

hand to collect new unwrapped toys. Please watch for a flyer going through the schools in November with specific information.

Get Out of Town

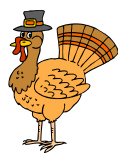


New ~ Berkshire Railroad, Lennox & Stockbridge MA

We'll be taking a deluxe coach bus from Brookfield to Lennox. Once in Lennox, we'll board a restored vintage railway coach for a

nostalgic, 45-minute, narrated ride through the scenic Berkshire Hills, along the Housatonic River from Lenox to Stockbridge. In Stockbridge, you'll have time to explore on your own, as well as lunch at the famed Red Lion Inn. (Menu includes; garden salad, choice of Yankee Pot Roast or Hand carved Native Turkey, Seasonal Fruit Crisp, Coffee, Decaf, Tea). After a 25-minute train ride back to Lennox, you'll have time to explore before leaving Lennox at 5:00 p.m. en route to Brookfield. Fee includes deluxe coach bus transportation, RT train ride, lunch at the Red Lion Inn, and tour guide. Please specify entrée when registering.

Day: Saturday Date: 10/20
Time: 8:30 a.m. departure Fee: \$99.00



Macy's Thanksgiving Day Parade

Join us on our eleventh annual *pilgrimage*, enjoying all of the fun with none of the hassle!

Leave from Town Hall at 6:30 a.m., travel by coach bus to witness this NYC tradition, and still be home by approximately 1:30 p.m. to watch football and eat dinner.

Register before all the seats are *gobbled* up!

Day: Thursday Date: 11/22
Time: 6:30 a.m. Fee: \$29.00

Radio City Christmas Spectacular

Don't let the price fool you, we were able to purchase half-price orchestra tickets and pass the savings on to you. We'll be leaving from Brookfield Town Hall at 8:15 a.m. for an 11:00 a.m. matinee performance. There will be plenty of time after the show for shopping, sightseeing, and lunch/dinner, leaving NYC at 5:00 p.m. Fee includes ticket and coach bus transportation. Please register early to avoid disappointment.

Day: Monday Date: 12/3
Time: 8:15 a.m. Fee: \$76.00

Jersey Boys

We don't usually go to the same Broadway show twice, but the group who went with us in March loved it so much, we've purchased another busload of tickets! This musical has soared to the top of the charts with critics and audiences alike, winning the award for Best Musical at the 2006 Tonys! The story takes you behind the music of Frankie Valli & The Four Seasons, following the rags-to-rock-to-riches tale of four blue-collar kids working their way from the streets of Newark to the heights of stardom and features such hits as "Sherry," "Big Girls Don't Cry," "Can't Take My Eyes Off You", "Oh, What a Night" and more. We'll leave Brookfield Town Hall at 10:00 a.m. and you will have plenty of time for lunch on your own before the 3:00 p.m. matinee show. Leave NYC at approximately 6:00 p.m. Seats are in the rear mezzanine and are expected to sell out fast! Please note that because we need to pre-pay for tickets, refunds will only be given if we can find someone to take your place.

Day: Sunday Date: 3/30/08
Time: 10:00 a.m. departure Fee: \$144.00

Outdoor Adventure Sports



Beginning Caving

Tory's Cave offers a close look at the unique environment of a limestone cave. Professional guided entry into CT's only

accessible marble solution cave ensures safety as well as educational and recreational value. This program is an excellent beginner and family experience lasting two hours. Helmets are provided. You must bring your own flashlight. Fee is \$30.00 per person, per day. Minimum age of 8 required in order to participate.

Family Adventure – (Ages 8+) - 10:00 a.m. – 12:00 p.m.

Caving for Adults – 12:30 – 2:30 p.m.

Session 1: Sunday, September 16

Session 2: Sunday, October 7

Session 3: Sunday, October 21



Beginning Rock Climbing

This is a beginner-oriented program located at an outstanding natural climbing area. You'll be climbing real rocks, with professional facilitation

and equipment provided. Our beginner location features easy to challenging routes, ranging in height from 15 to 30 feet. Students ages 8 and up, joined by adults, have the opportunity to participate as part of the Family Adventure, giving them an opportunity to climb, as well as learn the belay skills necessary to keep climbers safe while on the rocks. Meet at St. John's Ledges in Kent. Fee is \$55.00 per person, per session.

Climbing for Adults – 10:00 a.m. – 2:00 p.m.

Session 1: Saturday, October 6 (adults only)

Family Adventure– Ages 8 and up–10:00 a.m. – 2:00 p.m.

Session 2: Sunday, September 9 (youth/family only)

Session 3: Saturday, October 20 (youth/family only)



Kayak Workshop

This is a beginner lesson on safe, flat water conditions which will cover the following: equipment identification and

usage, kayak entry and exit techniques, kayak packing and paddling techniques, safety instruction and environmental awareness. Fee of \$80 per person includes all gear. If you have your own kayak and gear, the fee is reduced to \$55.00.

Youth & Family (ages 12+)

Time: 1:00 - 4:00 p.m. Fee: \$80.00 per person

Session 1: Sunday, September 23

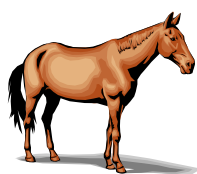
Adult Kayak beginner lesson

Time: 9:30 a.m.– 12:30 p.m. Fee: \$80.00 per person

Session 1: Sunday, September 23

Additional dates and programs may be available. For more detailed descriptions of the kayaking, rock climbing and caving programs, please contact Small World Adventures at 860 350-6752 or swaintl@aol.com, or visit their website at www.smallworldadventures.org

Outdoor Adventure Sports, continued



Horseback Riding Lessons

This 6-week course offers basic horse care, grooming, tacking up, and riding skills from beginner to advanced. In case of inclement weather, lessons will be held in an indoor ring. Register with the Parks &

Recreation Office, and Brushy Hill Farm will contact you directly to set up a mutually convenient lesson time. Lessons begin the week of September 24 (or at your convenience) and will last for six weeks, one hour each week. Brushy Hill Farm is located in Southbury, just 13 minutes from the flagpole in Newtown. Directions are available at the Parks & Recreation Office. Long pants and shoes with heel are recommended. Hard hats will be provided. Fee: \$295.00

Adult Education - Computers

W.E.R.A.C.E. - Western Connecticut Regional Adult and Continuing Education Danbury Community Resource Center

797-4731 Mandated Programs

Classes in Basic Reading, Basic Math, and Basic Writing; English for Speakers of Other Languages (ESL), Citizenship, GED (General Educational Development), and CDP (Adult High School Credit Diploma Program)

Microsoft Word 2000 Level 1

Learn the basic skills needed to use this program. Copy, Cut, Paste, Save, Insert, Tables, and more will be covered.

Day: Monday Time: 6:30 – 8:00 p.m.

Dates: 10/1 – 10/8 (2 wks) Fee: \$65.00

Place: Computertalk, 475 Federal Road, Unit B



Microsoft Word 2000 Level 2

Learn how to prepare more complex documents. We will create a newsletter and in the process learn how to create headers and footers, import graphics and pre created text, create and format tables and more. A working

knowledge of MS Word is required.

Day: Monday Time: 6:30 - 8:00 p.m.

Dates: 10/15 – 10/29 (3 wks) Fee: \$110.00

Place: Computertalk, 475 Federal Road, Unit B

Microsoft Excel 2000– Level 1

This class is designed for individuals who have little or no experience in using a spreadsheet. Class will teach use of simple formulas, charting, fill commands, nomenclature and more.

Day: Tuesday Time: 6:30 - 8:00 p.m.

Dates: 10/2 – 10/9 (2 wks) Fee: \$65.00

Place: Computertalk, 475 Federal Road, Unit B

Adult Education – Computers, cont.

Microsoft Excel 2000 – Level 2

Working with a fictitious company, students will learn how to work with databases and lists, use logical, financial and date functions, format worksheets, insert, move and modify objects, link worksheets with 3-D references, use excel on the web, and use and customize templates.

Day: Tuesday

Time: 6:30 - 8:00 p.m.

Dates: 10/16 – 10/30 (3 wks) Fee: \$110.00

Place: Computertalk, 475 Federal Road, Unit B



Microsoft Excel 2000 – Level 3

Participants will master the following skills in this course: working with records and ranges; sorting, outlining and filtering lists; importing and exporting data; using pivot tables and pivot charts; using data analysis tools; protecting and

sharing workbooks; managing workbooks with comments; data validation; and merging/linking workbooks. A course manual and disk are included.

Day: Tuesday

Time: 6:30 - 8:00 p.m.

Dates: 11/6 – 11/20 (3 wks) Fee: \$135.00

Place: Computertalk, 475 Federal Road, Unit B

Microsoft Access 2000 – Level 1

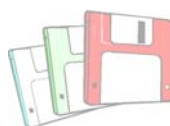
This course will center on learning the basic features of Access. We will create a database complete with tables, forms, queries, and reports. We will also use features such as wizards and design view to help us create different database objects. Course manual and disk provided.

Day: Thursday

Time: 6:30 - 8:00 p.m.

Dates: 10/4 – 10/18 (3 wks) Fee: \$135.00

Place: Computer Talk, 475 Federal Road, Unit B



Microsoft Access 2000– Level 2

For those who want to learn to create more complicated databases, the following topics will be covered: modifying tables in design

view, using multiple data types, using the office clipboard, binding data and controls, creating multiple table queries, creating calculated fields, adding controls to forms and reports, creating web documents, using hyperlinks, backing up a database, printing database objects. Course manual and disk provided.

Day: Thursday

Time: 6:30 - 8:00 p.m.

Dates: 10/25 – 11/8 (3 wks) Fee: \$135.00

Place: Computer Talk, 475 Federal Road, Unit B

Microsoft PowerPoint 2000 Level 1

The objective of this course is to teach you how to create a professionally designed presentation. You will learn a variety of skills that include the following: Use of the auto Content Wizard, creating a presentation from scratch, working in normal, slide sorter, and outline view, inserting specific slide types, modifying the sequence of slides, promoting and demoting text, adding speaker notes, formatting text, using master slides, using headers and footers, using bullets and more. Course manual and disk provided.

Day: Wednesday

Time: 6:30 - 8:00 p.m.

Dates: 10/3 – 10/17 (3 wks) Fee: \$135.00

Place: Computer Talk, 475 Federal Road, Unit B

New ~ Build Your Own Website!

This course will introduce some basic HTML code to set up a static website and is designed for beginners who have little or no knowledge of web design. We will cover creating a home page, inserting text, links and images, adding and changing the background and text formatting. At the end of the course, participants will have a website to call their own. Free online hosting services will be used and the course does not include domain registration or paid hosting. This starter course will serve as a background for advanced level web design courses. Includes course manual and disc.

Day: Tuesday Time: 7:00 - 8:30 p.m.
 Dates: 9/25 - 11/20 (8 wks)-no class 11/6
 Place: BHS Computer Lab Fee: \$175.00
 Instructor: Aparna Phadnis of Dynamic Designs

Selling on eBay

Tired of the clutter in your home? Want an easy solution to cleaning the attic without the hassles of a tag sale? Have collectibles you want to part with for cash? Perhaps you have always been curious about selling on eBay but not quite sure how to go about it? This class may be for you. This introductory course will examine the basic aspects of selling on eBay. Throughout this course you will learn how to set up an eBay account, search for related items, list your items competitively, add pictures to a listing, manage your account, answer buyer questions, ship from home using USPS, and much more. Also covered are safety tips concerning how to keep your online account safe. This course is open to adults age 18 and over with some internet experience.

Day: Thursday Time: 7:00 - 8:00 p.m.
 Dates: 10/25 - 11/8 (3 wks) Fee: \$39.00
 Place: BHS Room 108 Instructor: Anne Joyce

**Digital and Film Photography**

In just five weeks this class will have you using your camera like a pro. You'll learn what all those camera buttons and

hidden menus do. Technical terms like white balance, compression and resolution will be explained, but we'll also spend time on esthetic issues. Weekly assignments will encourage you to practice and to develop your artistic sense. Bring your camera manual as well as your camera, charge up those batteries and let's have some fun.

Day: Monday Time: 7:00 - 9:00 p.m.
 Dates: 9/24 - 10/29(5 wks)-no class 10/8
 Instructor: MaryAnn Kulla Place: Town Hall Mtng Rm.
 Fee: \$70.00

New ~ Click, Load & Print

This class will demonstrate how to get your digital photos onto your computer, organize them, and make some prints using your home printer. Computer familiarity is essential. Bring a memory card with some pictures you don't mind experimenting with, plus bring any connecting cables that came with your camera.

Day: Monday Time: 7:00 - 9:00 p.m.
 Date: 11/19 Place: BHS Computer Lab
 Instructor: MaryAnn Kulla Fee: \$25.00

Beginning Photoshop Elements

If you would like to enhance your photos or artwork, this class will get you started on the right track. It will introduce you to the basics of Photoshop Elements. We'll learn what the tools and palettes do; how to adjust color, change the size of an image, make selections and manipulate them. Computer familiarity is required because this will be a hands-on class. Questions and experimentation will be encouraged. Please come to class with the book Photoshop Elements 2 by Mike Wooldridge from the "Teach Yourself Visually" series. (You can find these on Amazon for as little as \$.50.)

Day: Monday Dates: 11/26 - 12/17 (4 wks)
 Time: 7:00 - 9:00 p.m. Instructor: MaryAnn Kulla
 Place: BHS Computer Lab Fee: \$70.00

**Beginners Bridge**

Learn to value hands, bid hands and play hands. Simple conventions will be taught. Class limited to 12 people.

Day: Monday Time: 7:00 - 8:30 p.m.
 Dates: 9/24 - 11/5 (6 wks) -no class 10/8
 Instructor: Irv Agard Fee: \$48.00
 Place: Senior Center Craft Room

Play Bridge!

Are you looking for people to play bridge with? If you have taken our Advanced Beginners class (or have similar knowledge), please join us for eight weeks of play.

Day: Wednesday Time: 6:30 - 8:30 p.m.
 Dates: 9/26 - 11/14 (8 wks) Fee: \$58.00
 Instructor: Irv Agard
 Place: Senior Center Craft Room

**Color Me Beautiful**

Have you ever wondered what colors look best on you? In this workshop you'll be introduced to the Color Me Beautiful program. It provides women with the benefits of a personalized color identification of your natural coloring that can be coordinated with a seasonal palette. The seasonal palette will help you choose clothing colors that are best for you. And when you are wearing your best colors, you will feel younger, thinner, prettier and more self-confident.

Day: Tuesday Time: 6:30 - 8:30 p.m.
 Date: 12/4 (1 wk) Fee: \$20.00
 Place: Town Hall Mtng. Rm. Instructor: Pat Rayner

New ~ Semi-Home Made Indian Cooking with Aparna

Do you love hot and spicy Indian food? Have you ever wondered about preparing those exotic dishes at home? Here is your chance to learn how! Aparna will walk you through her simplified step-by-step approach to cooking and serving healthy and delicious Indian food at the dinner table. The renowned Chicken Tikka Masala, Samosa and Indian Style Red Chicken Chili are some of the hot and spicy dishes you will learn to cook. You'll leave each night with the recipe(s) as well as with enough food to serve 2-3 people. Bring 2 or 3 storage containers with you each night.

Day: Thursday Time: 7:00 - 9:00 p.m.
 Dates: 10/4 - 10/25(4 wks) Fee: \$84.00
 Place: WMS Home Ec. Room



New ~ What's for Dinner?

Are you and your family bored with the same meals every week? Does your meal planning need a creative boost? Would you like to learn

ways to add more variety and flavor to your meals? Join in as we discuss how to add variety and flavor to your menu. Learn quick and easy ways to add tastier, healthier foods, a variety of fruits, vegetables and grains to your table. MENU PLANNING ALTERNATIVES, RECIPES and tasty SAMPLING will enable you to enhance your meal options, all without spending lots of time in the kitchen.

Day: Wednesday Time: 7:00 - 8:45 p.m.

Date: 10/17 (1 wk) Fee: \$25.00

Place: Town Hall Meeting Rm. Instructor: Hillary Stern

New ~ Great Grains, Legumes, Nuts & Seeds

A well-balanced diet includes whole grains, legumes, nuts and seeds. Legumes, also known as beans, lentils and peas, combined with whole grains create delicious foods that people worldwide have enjoyed for centuries. Whole grains and legumes are rich in protein, complex carbohydrates and other important nutrients. Nuts and seeds are delicious whole foods that contain vitamins, minerals and fiber. The main grain we eat is processed wheat; discover whole grains that are delicious and easy to prepare. Join us as we learn quick and easy ways to add a variety of whole grains, legumes, nuts and seeds to our meals. RECIPE suggestions and tasty SAMPLING will be shared during class.

Day: Wednesday Time: 7:00 - 8:45 p.m.

Date: 11/7 (1 wk) Fee: \$25.00

Place: Town Hall Meeting Rm. Instructor: Hillary Stern

Community First Aid & Safety



Instruction in Adult, Infant, and Child CPR and basic first aid in this 3-night course. Certification in Red Cross CPR and First Aid upon successful completion of course and tests. Fee includes cost of textbook;

please pick one up the week before class if possible.

Day: Tuesday Time: 6:30 - 9:30 p.m.

Dates: 10/2- 10/16 (3 wks) Fee: \$85.00

Place: Town Hall Instructor: Debbie Zilinek

Adult CPR Recertification

Recertification for people whose certification in Adult CPR is expiring. There will be a review offered, as the Red Cross guidelines have changed.

Day: Tuesday Time: 7:00 - 9:30 p.m.

Date: 11/6 Fee: \$34.00

Place: Town Hall Instructor: Debbie Zilinek

Infant & Child CPR Recertification

Recertification for people whose certification in Infant and Child CPR is expiring. There will be a review offered, as the Red Cross guidelines have changed.

Day: Tuesday Time: 7:00 - 9:30 p.m.

Date: 11/13 Fee: \$34.00

Place: Town Hall Instructor: Debbie Zilinek



Floral Design for Beginners

Holiday time is coming so why not try your hand at making your own fresh flower arrangements and centerpieces? Learn a new skill with the help of a professional floral designer and be ready to show off your hidden talents to your friends and family. Additional materials fee of approximately \$19.00 must be paid to the instructor each week to cover the cost of flowers. No experience is necessary. Please bring floral snips.

Day: Tuesday Time: 7:30 - 9:30 p.m.

Date: 10/2 - 10/23 (4 wks) Fee: \$52.00

Place: Senior Center Craft Room

Instructor: Shannon Schnuerer

New ~ Floral Design - Intermediate

Take what you already know and step it up a notch with the help of an experienced floral designer. Make larger and more interesting arrangements using unique containers and fresh flowers. Watch your creativity and knowledge grow giving you beautiful arrangements to take home each week. Additional materials fee of approximately \$23 must be paid to the instructor each week. Please bring floral snips. Pre-requisite "Floral Design for Beginners" or floral experience.

Day: Monday Time: 7:30 - 9:30 p.m.

Date: 10/29 - 11/26 (4 wks)- no class 11/12

Instructor: Shannon Schnuerer Fee: \$52.00

Place: Town Hall Room 119

Deck the Halls With Boughs of Holly!



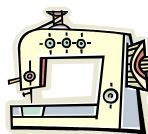
Welcome the holidays by creating three festive decorations for your home, which may include at the instructors' discretion: a live green wreath to adorn your front door, a kissing ball, a boxwood tree for

your table, or a centerpiece using candles, greens, and fresh flowers, among other projects. In this workshop the instructors will demonstrate and work with participants as they complete the projects, no previous experience is necessary. All materials for projects are included. Please bring along gardening gloves and cutting shears. Registration is limited.

Day: Saturday Time: 12:00 - 4:00 p.m.

Date: 12/1 Place: Senior Center

Fee: \$75.00 Instructors: Brookfield Garden Club



New ~ Beginning Sewing

Have you ever wanted to learn how to sew? Here's your chance in this program for students with little or no sewing background.

The first class will meet at Joanne's Fabrics in

Brookfield, where the instructor will help you pick out a pattern and fabric suitable for the project that you'd like to complete. Over the next five weeks you'll be walked through the steps to complete your project, including how to read a pattern, and how to use a sewing machine. Additional materials cost will depend upon the project and fabric you select, but are estimated at \$40-100. (Be prepared to purchase at first class.)

Day: Monday Time: 6:00 - 8:00 p.m.

Dates: 10/15 - 11/26 (6 wks) - no class 11/12

Place: WMS Home Ec. Room Instructor: Karen Ryavec

Fee: \$90.00

Adult Fitness



New~ Train for a 5K

HAVE YOU EVER WANTED TO RUN A 5K ROAD RACE? ARE YOU A WALKER WHO WOULD LIKE TO TRY RUNNING? ARE YOU A RUNNER INTERESTED IN IMPROVING YOUR TIMES? Come join Cassie Dunn in a

group setting for a series of short lectures and training runs. (Come dressed to run and bring a water bottle!) Topics covered include beginning a training program, proper stretching, speed training, heart rate training, nutrition and strength training. Each participant will be evaluated and given a training program to follow on their own until the next week's meeting. This program will meet for six weeks, culminating in the Brookfield Halloween Run on 10/28/07. (Registration fee for the Halloween Run is included in the fee.) Cassie Dunn, a runner and triathlete lives in Brookfield. She is a certified personal trainer, pilates instructor and spinning instructor, currently working with clients at Powerhouse Gym in Brookfield.

Day: Tuesday Time: 6:30 – 7:30 p.m.
Dates: 9/18 – 10/23 (6 wks) Place: Powerhouse Gym
Fee: \$54.00 Instructor: Cassie Dunn

Jump Start Your Weight Loss

Join us for this new program designed to get you on track for a healthier lifestyle with exercise and nutritional counseling. After a full fitness assessment, you'll be meeting with a nutritionist once a week for six weeks, as well as a personal trainer twice a week for six weeks. But make sure that you're committed, as no make-ups will be given. (And you know how the trainer will make the next workout twice as hard, anyway!) Sessions will be planned according to your schedule, with The Body Shop Fitness Club contacting you to set up mutually convenient times. When registering please specify if you would like hour long personal training sessions at a cost of \$595 for six weeks, or half-hour long personal training sessions at a cost of \$330.

Adult Fitness - Aerobics

New ~ Zumba

A new workout sensation that has taken American fitness to new heights, Zumba is a cardio fitness workout based on dance moves. The workout combines high energy and motivating music with unique moves and combinations based on the principle that exercise should be fun and easy to do. Zumba can potentially reshape all parts of your body.

Session 1: Wednesday, 9:10 - 10:10 a.m.

Dates: 9/26 – 12/26 (14 wks) Fee: \$168.00

Instructor: Lynda Muir

Session 2: Friday, 9:10 – 10:10 a.m.

Dates: 9/28 – 12/28 (13 wks)-no class 11/23 Fee: \$156.00

Instructor: Lynda Muir

Session 3: Monday 6:00 – 7:00 p.m.

Dates: 9/24 – 12/17 (13 wks) Fee: \$156.00

Instructor: Dolores Tirri

Session 4: Thursday 5:30 – 6:30 p.m.

Dates: 9/27 – 12/27 (13 wks)- no class 11/22 Fee: \$156.00

Instructor: Jen Calise

Place: The Body Shop Fitness Club, 14 Delmar Drive

Adult Fitness – Aerobics, continued

Cardio Boot Camp

Total body conditioning that is bound to get you in shape. Perform your best in this multi level class that focuses on strength and endurance.

Day: Monday Time: 9:10 – 10:10 a.m.

Dates: 9/24 – 12/17 (13 wks) Fee: \$143.00

Instructor: Michele Winter

Place: The Body Shop Fitness Club

Muscle Toning

Overall body conditioning from your neck to your toes.

Day: Tuesday Time: 9:10 – 10:10 a.m.

Dates: 9/25 – 12/18 (13 wks) Fee: \$143.00

Instructor: Michele Winter

Place: The Body Shop Fitness Club



Pure Strength

Go for the power and endurance! This instructor has her black belt and will teach you self-defense techniques as you strengthen, tone and take control. All levels welcome

Session 1: Saturday 9:15 – 10:45 a.m.

Dates: 9/22 – 12/29 (15 wks) Fee: \$248.00

Session 2: Wednesday, 5:30 – 6:30 p.m.

Dates: 9/26 – 12/26 (14 wks) Fee: \$154.00

Instructor: Donna Pace

Place: The Body Shop Fitness Club

Balanced Body Workout

This class has all the elements of exercise to achieve a healthier and happier body. A cardio warm-up is followed by body toning exercises and therapeutic stretching. This class ends with a focus on the abdominals to strengthen your core muscles. A class for all levels- the intensity is determined by you

Day: Sunday Time: 9:30 – 10:45 a.m.

Dates: 9/23 – 12/30 (15 wks) Fee: \$206.00

Instructor: Terri Richman

Place: The Body Shop Fitness Club



Strictly Stretching

A total class of stretching to increase your flexibility and improve your range of motion.

Day: Thursday Time: 9:10 – 10:10 a.m.

Dates: 9/27 – 12/27 (13 wks) – no class 11/22

Instructor: Terri Richman Fee: \$143.00

Place: The Body Shop Fitness Club

Abs, Buns & Thighs

A below the belt body sculpting class, focusing on buttocks, inner and outer thighs, hips and abdominal. Suitable for all fitness levels.

Day: Thursday Time: 7:10-7:50 p.m.

Dates: 9/27- 12/27 (13 wks) – no class 11/22

Instructor: Loreto McGough Fee: \$108.00

Place: The Body Shop Fitness Club

Adult Fitness – Aerobics, continued

Cardio Mix

After a 5-minute warm-up, get your heart pumping to aerobic activity, which may include some step, hi/lo aerobics and kickboxing. Class will include toning for all muscle groups and a relaxing stretch to finish off a full body workout.

Day: Tuesday Time: 5:30 – 6:30 p.m.

Dates: 9/25 – 12/18 (13 wks) Fee: \$143.00

Instructor: Blythe Evans

Place: The Body Shop Fitness Club



Step n' Tone

A 5-minute warm-up is followed by 30 minutes of heart pumping routines. Toning for the upper and lower body completes this class, which will leave

you feeling like you've had a good full body workout.

Day: Friday Time: 5:30 – 6:30 p.m.

Dates: 9/28 – 12/28 (13 wks)-no class 11/23

Instructor: Blythe Evans Fee: \$143.00

Place: The Body Shop Fitness Club



We are always looking for new class ideas! If you have an area of expertise that you would be willing to share with others, please download a "class proposal form" from our website. Days

and times of classes are flexible, and previous teaching experience is not always necessary. Class proposals should be received by 11/1/07 to be considered for the winter program guide.

Adult Fitness – Yoga and Pilates



Intro to Yoga with Gloria

If you've never tried yoga, or would like a refresher on the basics, this is the class for you! Kripalu Certified Yoga instructor, Gloria Owens, makes learning yoga safe, fun and

accessible in this class geared especially for beginners. Gloria teaches the fundamentals of breathing and alignment in basic yoga poses, gently guiding each student to access their inner grace, strength, balance and wisdom. The class concludes with a guided relaxation/meditation to leave you feeling restored, refreshed and ready to face the world.

Day: Monday Time: 7:30 – 9:00 p.m.

Dates: 9/24 – 12/17(12 wks)-no class 10/8

Fee: \$ 144.00 Place: YogaSpace, 777 Federal Rd

Pre-Natal Yoga with Cyndi

Yoga especially for pregnant Moms-to-be! Gentle and nurturing asana and breath work provide a space to learn, embrace, and accept where you are with grace and courage, while easing the aches and pains of pregnancy, childbirth, mothering, and life. What better way to experience love for self and baby than through yoga. Your doctor or midwife's permission to participate in this class is recommended.

Day: Thursday Time: 5:45 – 7:00 p.m.

Dates: 9/28 – 12/6 (10 wks)- no class 11/22

Place: YogaSpace, 777 Federal Rd.

Instructor: Cyndi Gaffney Fee: \$120.00

Adult Fitness – Yoga and Pilates



New ~ Hatha Yoga I & II

Hatha Yoga, based on the Integral Yoga approach, is a perfect style for the beginner as well as those who want to deepen their practice.

Long-time teacher, Karen Gillotti leads this mixed-level class, which includes stretches, traditional hatha yoga poses, deep relaxation, breathing techniques and meditation. Hatha Yoga will improve your posture and flexibility, neutralize stress in the body, and calm the mind. The perfect antidote after work!

Day: Wednesday Time: 6:00 – 7:15 p.m.

Dates: 9/26 – 12/19 (12 wks)- no class 11/22

Instructor: Karen Gillotti Fee: \$144.00

Place: YogaSpace, 777 Federal Road

Pilates on the Ball

Achieve a balanced and aligned body. This class incorporates a variety of movements that include the use of a stability ball, pilates exercises, and weights to build strength, flexibility, and endurance. All levels are welcome.

Day: Saturday Time: 9:00 – 10:00 a.m.

Dates: 9/29 – 11/3 (6 wks) Fee: \$60.00

Instructor: Melena Sorena

Place: Powerhouse Gym, 71 Commerce Drive



Pilates

Join our certified Pilates instructor for this refreshing and energizing workout. The Pilates method of body conditioning promotes core strength and balance for people of all ages. Pilates is an exercise system focused on improving flexibility and strength for the whole body without building bulk, and is suitable for all abilities.

Day: Thursday Time: 4:30 – 5:30 p.m.

Dates: 9/27 – 12/27 (13 wks) – no class 11/22

Instructor: Jen Calise Fee: \$143.00

Place: The Body Shop Fitness Club

Pilates with Bells, Bars, Bands & Balls

The ultimate in functional training and strengthening your core. This class is for every one of all ages. You develop balance while strengthening your entire body with the use of light dumbbells, body bars, stability balls and tubing.

Day: Monday Time: 4:30 – 5:30 p.m.

Dates: 9/24 – 12/18 (13 wks) Fee: \$143.00

Instructor: Loreto McGough

Place: The Body Shop Fitness Club



Yogalates

A hybrid of yoga and Pilates to give you the best of both techniques. It is gentle, yet effective. Great for everyone!

Day: Wednesday Time: 6:30 – 7:30 p.m.

Dates: 9/26 – 12/26 (14 wks) Fee: \$154.00

Instructor: Loreto McGough

Place: The Body Shop Fitness Club, 14 Delmar Drive



Learn to Ice Skate for Adults

Included is a free skating pass so that participants may practice at no charge during any public skating session for the seven-week duration of the program, as well as skate rentals if needed. We are currently offering Skate levels 1 and 2 at the same day and time, with different instructors.

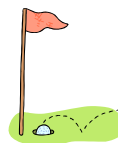
Skate 1: Entry level class for those with little or no experience on the ice. Skaters will learn the proper way to fall down and get up as well as marching and gliding across the ice. They will also be introduced to forward swizzles, backward wiggles and stops.

Skate 2: This class is for graduates of Skate 1 or for those skaters who have skating experience but not formal lessons. Skaters must be able to skate and glide on their own. They will learn 2-foot and 1-foot glides, forward and backward swizzles, alternating forward ½ swizzles and snowplow stops.

Day: Thursday Time: 5:45 – 6:15 p.m.

Dates: 11/1 – 12/20(7 wks)-no class 11/22 Fee: \$112.00

Place: Danbury Ice Arena, 1 Independence Way



Adult Golf Lessons

Open to golfers of all skill levels, these classes are intended to provide students with a solid base in the fundamentals of golf, as well as to get them prepared to play and to enjoy the game. The classes are ideal for both beginners who have never played before and for more experienced players who want to improve one or all aspects of their game. The typical class schedule is:

Class 1: Introduction/Set-up and Swing with Irons

Class 2: Review/Set-up and Swing with Woods

Class 3: Pitch Shots and Bunker Play

Class 4: Chipping and Putting

Also included during these classes will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5 iron will be used during class 1 and clubs for other sessions will be discussed during class. Fee is \$110.00 for any one month of four classes. Classes meet 6:00–7:00 p.m.

October: Wednesdays - 10/3, 10/10, 10/17, 10/24

November: Mondays – 11/5, 11/12, 11/19, 11/26

December: Wednesdays – 12/5, 12/12, 12/19, 12/26

New for 2007 – Adult Intermediate

October: Mondays – 10/8, 10/15, 10/22, 10/29

November: Wednesdays – 11/7, 11/14, 11/21, 11/28

December: Thursdays – 12/6, 12/13, 12/20, 12/27

New for 2007 – Women Only Classes (Beginner)

October: Thursdays – 10/4, 10/11, 10/18, 10/25

November: Tuesdays – 11/6, 11/13, 11/20, 11/27

December: Wednesdays – 12/5, 12/12, 12/19, 12/26

For all of our dance classes, ladies are asked to wear skirts or dresses, and shoes with heels are preferred. Gentlemen are asked not to wear jeans or sneakers. Even though dances are reviewed repeatedly, students are expected to practice on their own between classes as well.

Ballroom and Latin Mix for Singles

We've had so many requests for this class! No need to be part of a couple (or have your other half with you) in order to participate. Join other people like yourself who want to learn ballroom and latin dances. Emphasis will be placed on mastering each step before moving on to new dances.

Please note the dress code for participation in dance classes. Ladies are asked to wear skirts or dresses, and shoes with heels are preferred. Gentlemen are asked not to wear jeans or sneakers. Our instructor, Galina Andracchio, a former Russian competitor, is a member of the International Dance Teachers Association.

Day: Tuesday

Time: 6:00 – 6:45 p.m.

Place: WMS- Cafeteria

Fee: \$65.00/person

Dates: 10/2 – 11/27(8 wks)-no class 11/6



Strictly Ballroom Dance

Do you have a wedding, anniversary party or class reunion in your future? Would you like to impress your friends with some new moves? In addition to the physical benefits of dancing, mentally dancing serves as a wonderful stress release.

The dances you learn will be selected at the instructor's discretion and may include: Fox Trot, Slow Waltz, Tango, Viennese Waltz and Quick Step. Emphasis will be placed on mastering each step before moving on to new dances. Please note the dress code for participation in dance classes. Ladies are asked to wear skirts or dresses, and shoes with heels are preferred. Gentlemen are asked not to wear jeans or sneakers. Our instructor, Galina Andracchio, a former Russian competitor, is a member of the International Dance Teachers Association.

Day: Tuesday

Time: 6:45 – 7:30 p.m.

Place: WMS- Cafeteria

Fee: \$65.00/person

Dates: 10/2 – 11/27(8 wks)-no class 11/6



Latin Dance

What better way to beat the blues? Come and learn the spicy Mambo/Salsa and Cha-Cha that is found in much of today's popular music. Samba, the "dance of love" Rumba, and East Coast Swing also known as Jive are among the dances you may learn this session at the instructor's

discretion. Emphasis will be placed on mastering each step before moving on to new dances. Please note the dress code for participation in dance classes. Ladies are asked to wear skirts or dresses, and shoes with heels are preferred.

Gentlemen are asked not to wear jeans or sneakers. Our instructor, Galina Andracchio, a former Russian competitor, is a member of the International Dance Teachers Association.

Day: Tuesday

Time: 7:30 – 8:15 p.m.

Place: WMS Cafeteria

Fee: \$65.00/person

Dates: 10/2 – 11/27(8 wks)-no class 11/6

Adult Fitness - Open Gyms



Open Basketball Ongoing Monday night open play for Brookfield residents and their guests age 18 and over. Purchase a season pass for \$50.00 or pay \$5.00 nightly at the door.

Passes will not be sold after 12/17/07 and no credit for nightly passes will be given. Program canceled on days when school is not in session or dismisses early.

Days: Monday Time: 7:30 – 9:30 p.m.

Dates: 11/5/07 – 4/7/08

Place: BHS Gym

Fee: \$5.00/night or \$50.00/season pass

Open Volleyball Ongoing Wednesday night open play for adults 18 and over. Purchase a season pass for \$50.00 or pay \$5 nightly at the door. Passes will not be sold after 12/19/07 and no credit for nightly passes will be given. Open gym is canceled on days when school is not in session or dismisses early.

Days: Wednesday Time: 7:30 – 9:00 p.m.

Dates: 11/7/07- 4/9/08

Place: WMS Gym

Fee: \$5.00/night or \$50.00/season pass



Indoor Soccer Tuesday night open play for Brookfield residents and their guests age 18 and over. Purchase a season pass for \$45.00 or pay \$5 nightly at the door. Open gym is

canceled on days when school is not in session or dismisses early.

Days: Tuesday Time: 7:30 – 9:00 p.m.

Dates: 1/8/08 – 3/25/08

Place: WMS Gym

Fee: \$5.00/night or \$45.00/season pass

Tots Activities



Singing and Signing with Ms. Janine will return in our Winter Program Guide, out in mid-December.

New~ Spanish for 4's and 5's

We are happy to be working with LinguaKids® to offer this new program! Children ages four and five will have fun learning the Spanish language through the use of games, arts and crafts, worksheets, and music. LinguaKids® uses native Spanish speakers, a multi-sensory teaching approach and a small class size (maximum of 9 students). This program is a great introduction for students who have never studied Spanish before, and also appropriate for students who have studied previously.

Day: Tuesday Time: 1:45 - 2:45 p.m.

Dates: 9/25 – 12/11(10 wks) -no class 11/6, 11/27

Place: Newbury Congregational Church

Instructor: LinguaKids®

Fee: \$165.00

Tots Activities, continued

Jumpin' Beans



Children will increase socialization skills and coordination through musical games with their parent and other children 18 - 24 months old. Please bring a snack.

Instructor: Donna Korb Fee: \$39.00/session

Day: Wednesday Time: 9:30 – 10:15 a.m.

Place: Congregational Church, Fellowship Hall

Session 1: 9/26, 10/3, 10/10, 10/24, 10/31(5 classes)

Session 2: 11/7, 11/14, 12/5, 12/12, 12/19 (5 classes)

Two Good to be True

Children ages 2 - 3 and parent or caregiver will meet for songs, games, and arts & crafts. Please bring a snack. Since demand has been so great for this program, we have created two time slots. Please specify time and session when registering.

Instructor: Donna Korb Fee: \$48.00/session

Day: Wednesday Time: 10:15 – 11:15 a.m.

Day: Wednesday Time: 11:15 a.m. – 12:15 p.m.

Place: Congregational Church, Fellowship Hall

Session 1: 9/26, 10/3, 10/10, 10/24, 10/31(5 classes)

Session 2: 11/7, 11/14, 12/5, 12/12, 12/19 (5 classes)



Explorers

Children ages 3 ½ - 5 will meet for games and a variety of activities including story-telling, mini-puppet shows, no-cook foods, and arts & crafts. Please bring a snack and a smock. Please note that children must be potty trained to attend. Class size limited to 12.

Instructor: Donna Korb Fee: \$68.00/session

Day: Wednesday Time: 12:15 – 1:45 p.m.

Place: Congregational Church, Fellowship Hall

Session 1: 9/26, 10/3, 10/10, 10/24, 10/31(5 classes)

Session 2: 11/7, 11/14, 12/5, 12/12, 12/19 (5 classes)



Tumbling Tots

Back by popular demand! Children ages 3 – 5 will be introduced to tumbling. Class size is limited to 12.

Day: Friday Time: 10:00 – 11:00 a.m.

Session 1: 10/5, 10/12, 10/19, 11/2 (4 wks)

Session 2: 11/9, 11/16, 12/7, 12/14 (4 wks)

Place: Tropical All Stars (formerly Olympia Gymnastics)

Fee: \$60.00/session

Instructor: Pam Zavarelli and Jen Tomaino

New ~ Visions of Sugarplums for Tots

Children will explore the many ways their bodies can move, and use their imaginations for self-expression in this "Nutcracker" themed ballet and creative movement class for ages 3 - 5. There will be an open class performance for parents at the last class. Ballet slippers and leotards are preferred participants, but not mandatory.

Day: Wednesday Dates: 12/5 -12/19 (3 wks)

Session 1: 4:15 – 5:00 p.m. Fee: \$18.00/session

Session 2: 5:00 – 5:45 p.m.

Instructor: Holly Gundolfi Place: Center School Cafe

Wee Crafters

Now at a new time and location! Children ages 3 - 5 will improve their fine motor skills and express their creativity while making crafts. A variety of materials will be used and special projects created with fall and holiday themes.

Day: Friday

Session 1: 10/5, 10/12, 10/19, 11/2 (4 wks)

Session 2: 11/9, 11/16, 12/7, 12/14 (4 wks)

Time: 1:00 – 2:00 p.m.

Place: Newbury Congregational Church

Instructor: Jen Tomaino Fee: \$39.00 /session



'Lil Chefs

Children ages 3 and 4 will enjoy making no cook and cooked foods, as well as hands on activities involving food and measurement. Please make us aware of any food allergies

before the first class.

Day: Thursday

Session 1: 10/4, 10/11, 10/18, 10/25 (4 wks)

Session 2: 11/1, 11/8, 11/15, 12/6 (4 wks)

Time: 10:00 – 11:00 a.m.

Place: Congregational Church, Fellowship Hall

Instructor: Pam Zavarelli Fee: \$45.00 /session

Theme Weeks

Preschool children ages 2-4 (with parent or caregiver) will meet for a variety of stories, crafts, games, and music all relating to the following themes:

September: 9/24 and 10/1	Fabulous Fall
October: 10/22 and 10/29	Halloween
November: 11/5 and 11/19	Thanksgiving
December: 12/10 and 12/17	Happy Holidays

Day: Monday Time: 10:00 – 11:00 a.m.

Instructor: Donna Korb Fee: \$20.00/month

Place: Newbury Congregational Church, 126 Tower Rd



Learn to Ice Skate for Tots

Preschoolers age 3 ½ and older will enjoy this program which incorporates creative play and interactive learning games to teach skills. This program (Tot 1) is designed for children who have never skated. They will learn the proper way to fall and get up, as well as marching in place and across the ice. Included is a free skating pass so that participants may practice at no charge during any public skating session for the duration of the program, as well as skate rentals if needed. Helmets and gloves or mittens are also required.

Session 1: Wednesday, 10/31 – 12/19 (8 wks)

4:35- 5:05 p.m. Fee: \$128.00

Session 2: Thursday, 11/1 – 12/20 (7 wks) -no class 11/22

4:00 – 4:30 p.m. Fee: \$112.00

Session 3: Friday, 11/2 – 12/21 (8 wks)

10:00 – 10:30 a.m. Fee: \$128.00

Place: Danbury Ice Arena, 1 Independence Way



Fall Lacrosse Clinic

Children in grades K - 2 will practice the basic skills needed to play lacrosse. Using soft balls and sticks suitable for beginners, participants will practice passing, catching, ground balls, and shooting. Relay races, sharks & minnows and mini game play will add to their learning and fun. Each participant will receive a Mini Brine E3 Stick and t-shirt. Please have your child wear sneakers, dress comfortably for outdoor play and bring a water bottle. Pre-registration is required.

Day: Sunday

Time: 2:00 - 3:30 p.m.

Dates: 9/30 – 11/4 (6 wks) (11/11 rain date if needed)

Instructors: Mike Gallop, Kevin Madden (Brookfield LAX Club)

Place: Cadigan Park softball field (outfield area)

Fee: Free (Sponsored by Brookfield LAX Club)

New ~ Acting Classes –Grade K/1

We were so impressed with Performing Arts Program's summer camp, that we asked them back to do acting classes with us this fall! Some of the topics that will be covered include: exciting theater games, concentration exercises, voice and speech, improvisational exercises, acting terminology, sense memory, subtext, stage skills, script work and more! At the end of this session there will be an informal performance to demonstrate what participants have been working on. These classes will also be challenging and offer new and exciting activities for the more experienced participant as well!

Day: Monday

Time: 4:50 – 5:35 p.m.

Dates: 10/15 – 12/3 (7 wks) – no class 11/12

Place: HHES – Upper Gym Fee: \$95.00

Instructor: www.performingartsprograms.biz



Spanish for Grades K & 1

We are happy to be working with LinguaKids® to offer this new program!

Students in grades K and 1 will have fun

learning the Spanish language through the use of games, arts and crafts, worksheets, and music. LinguaKids® uses native Spanish speakers, a multi-sensory teaching approach and a small class size (maximum of 9 students). This program is a great introduction for students who have never studied Spanish before, and also appropriate for students who have studied previously. (Don't worry if your child took the program during the last school year, the theme for the fall is different from those offered previously.)

Day: Tuesday

Time: 3:15 - 4:15 p.m.

Dates: 9/25 – 12/11 (10 wks) -no class 11/6, 11/27

Place: Center School Room

Instructor: LinguaKids® Fee: \$165.00

Sports Celebrated!

Exercise and fun are the key elements of this class.

Children in grades K and 1 will develop basic skills in several indoor games and sports.

Session 1: Tuesday, 9/25 – 11/20 (8 wks) –no class 11/6

Session 2: Wednesday, 9/26 – 12/5 (8 wks) – no class 10/31,

Place: Center School – Gym

11/21, 11/28

Time: 3:15 – 4:15 p.m.

Fee: \$40.00/session

Yoga Bear - Yoga for Youngsters

A 45-minute yoga class for kids ages 5-10 led by "YogaBear: Yoga For Youngsters" author and yoga teacher Karen Pierce. Karen will take children on a journey based on her beautifully illustrated book that introduces children to yoga by exploring and imitating animals and nature

through 22 yoga postures. Kids not only learn yoga poses, breathing techniques and relaxation, but they also build self-awareness, focus and confidence in a fun & supportive environment.

Day: Monday Time: 5:00 - 5:45 pm
 Dates: 9/24 - 12/17 (12 wks)-no class 10/8
 Instructor: Karen Pierce Fee: \$126.00
 Place: YogaSpace, 777 Federal Rd.

Get into the Kitchen

Children in grades K and 1 will enjoy making no cook and cooked foods, as well as hands on activities involving food and measurement. Recipes are duplicated in both the Tuesday and Wednesday classes. Both days meet in the Center School Pre-School Room, 3:15 - 4:15 p.m. Fee is \$39.00/session.

Day: Tuesday Instructor: Allison Gianazza
 Session 1: 9/25, 10/2, 10/9, 10/16 (4 wks)
 Session 2: 10/30, 11/13, 11/20, 12/4 (4 wks)

Day: Wednesday Instructor: Allison Gianazza
 Session 1: 9/26, 10/3, 10/10, 10/17 (4 wks)
 Session 2: 11/7, 11/14, 12/5, 12/12 (4 wks)

Pillow Polo

Physical fitness, agility and coordination are the benefits from this team sport for grades K and 1. Rules of floor hockey are followed and nerf equipment is used.

Day: Monday Time: 3:15 - 4:15 p.m.
 Dates: 9/24 - 11/26 (8 wks)-no class 10/8, 11/12
 Instructor: Allison Gianazza
 Place: Center School - Gym Fee: \$40.00

**Little Dragons**

Students in grades K - 1 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your teacher, coordination, self discipline, self control, physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-Shirt to wear in class is optional and must be arranged by visiting Zandri's Martial Arts directly prior to the first class. Contact them at 775-7150.

Day: Thursday Time: 3:15 - 3:45 p.m.
 Dates: 10/4 - 10/25 (4 wks) Fee: \$28.00
 Instructor: Zandri's Martial Arts

**French Fantastique**

Madame Minier, a native French speaker with twenty years experience teaching, has a magical way of inspiring children. Using music, poetry, memory games, colorful craft projects and vocabulary building exercises, she stimulates all of the child's senses and makes learning fun. Children in grades K and 1 will learn basic greetings, the alphabet, counting, colors and lots of vocabulary. Each student will also receive a folder full of creative activities in French.

Day: Wednesday Time: 3:15 - 4:15 p.m.
 Dates: 9/26 - 12/5 (8 wks)-no class 10/31, 11/21, 11/28
 Place: Center School Instructor: Margee Minier
 Fee: \$72.00

Hip Hop

Join professional Hip Hop instructor Austin Dailey AKA Bboy Red Supreme. He has a creative approach to teaching street funk moves. Students will discover and develop their own freestyle ability. Classes will cover the foundation of break dance, popping and waving, hip hop steps, party moves, popular party line dances, and innovative dance games. Besides learning new dance skills and some history about Hip Hop, Austin's main goal is to get kids to build their self image. Only the hottest dance music is used in class, so come find the beat and get funky when moving your feet. All beginners are welcome and no experience is needed.

Day: Tuesday Dates: 11/13, 11/20, 12/4, 12/18 (4 wks)
 Session 1: Grades 2 - 4 3:50 - 4:50 p.m.
 Session 2: Grades K and 1 5:00 - 6:00 p.m.
 Session 3: Grades 5 - 8 6:10 - 7:10 p.m.
 Place: HHES - Lower Gym Fee: \$44.00/session

New ~ Visions of Sugarplums for K/1

Children will explore the many ways their bodies can move, and use their imaginations for self-expression in this "Nutcracker" themed ballet and creative movement class

for children in grades K and 1. There will be an open class performance for parents at the last class. Ballet slippers and leotards are preferred participants, but not mandatory.

Day: Wednesday Time: 3:15 - 4:15 p.m.
 Instructor: Holly Gundolfi Fee: \$18.00
 Dates: 12/5 - 12/19 (3 wks)
 Place: Center School Cafeteria

Crafty Kids

Children in grades K and 1 will improve their fine motor skills and express their creativity while making crafts. A variety of materials will be used and special projects created with fall and holiday themes.

Day: Tuesday
 Session 1: 10/2, 10/9, 10/16, 10/23 (4 wks)
 Session 2: 10/30, 11/13, 11/20, 12/4 (4 wks)
 Time: 3:15 - 4:15 p.m. Place: Center School Art Rm.
 Instructor: Jen Tomaino Fee: \$39.00 /session

Center After School, continued

New ~ Nature All Around Us – Early Fall



Children in grades K and 1 will learn to identify local wildflowers and trees and make a flower press. They will make weather tracking devices, perform an experiment in decomposition and make projects with fall

leaves and pressed flowers.

Day: Wednesday

Dates: 9/26, 10/3, 10/10, 10/17

Time: 3:15 – 4:15 p.m.

Place: Center School Art Rm.

Instructor: Jen Tomaino

Fee: \$39.00

New ~ Nature All Around Us –Late Fall

Children in Grades K and 1 will make a field journal, learn to identify local wildflowers and trees, and make “pounded” flower prints and pressed flower projects. They will learn about the importance of the earth’s forests and about our local ecosystem.

Day: Wednesday

Dates: 10/24, 11/7, 11/14, 12/5

Time: 3:15 – 4:15 p.m.

Place: Center School Art Rm.

Instructor: Jen Tomaino

Fee: \$39.00

Huckleberry After School

Fall Lacrosse Clinic

Children in grades K - 2 will practice the basic skills needed to play Lacrosse. Using soft balls and sticks suitable for beginners, participants will practice passing, catching, ground balls, and shooting. Relay races, sharks & minnows and mini game play will add to their learning and fun. Each participant will receive a Mini Brine E3 Stick and t-shirt. Please have your child wear sneakers, dress comfortably for outdoor play and bring a water bottle. Pre-registration is required.

Day: Sunday

Time: 2:00 - 3:30 p.m.

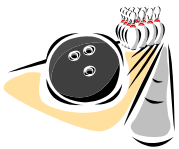
Dates: 9/30 – 11/4 (6 wks)- (11/11 rain date if needed)

Instructors: Mike Gallop, Kevin Madden (Brookfield LAX Club)

Place: Cadigan Park softball field (outfield area)

Fee: Free (Sponsored by Brookfield LAX Club)

Bowling



Each class features two games of bumper bowling for students in grades 2 - 4. Bus transportation is provided from Huckleberry Hill School to Brookfield Lanes by school bus. When sending in a note each week to

the school, please include that your child is attending bowling on bus #2. Pick-up is at Brookfield Lanes.

Day: Thursday

Time: 3:50 - 5:30 p.m.

Session 1: 9/27, 10/4, 10/11, 10/18 (4 wks)

Session 2: 11/1, 11/8, 11/15, 12/6 (4 wks)

Instructor: Dave Miller

Place: Brookfield Lanes

Fee: \$48.00/session

Huckleberry After School, continued

Yoga Bear - Yoga for Youngsters



A 45-minute yoga class for kids ages 5-10 led by "YogaBear: Yoga For Youngsters" author and yoga teacher Karen Pierce. Karen will take children on a journey based on her beautifully illustrated book that introduces children to yoga by exploring and imitating animals and nature

through 22 yoga postures. Kids not only learn yoga poses, breathing techniques and relaxation, but they also build self-awareness, focus and confidence in a fun & supportive environment.

Day: Monday

Time: 5:00 - 5:45 pm

Dates: 9/24 – 12/17 (12 wks)-no class 10/8

Instructor: Karen Pierce

Fee: \$126.00

Place: YogaSpace, 777 Federal Rd.

Spanish for Grades 2-4

We are happy to be working with LinguaKids® to offer this program! Students in grades 2-4 will have fun learning the Spanish language through the use of games, arts and crafts, worksheets, and music. LinguaKids® uses native Spanish speakers, a multi-sensory teaching approach and a small class size (maximum of 9 students). This program is a great introduction for students who have never studied Spanish before, and also appropriate for students who have studied previously. Don't worry if your child took the program during the last school year, the theme for the fall is different from those offered previously.

Day: Thursday

Time: 3:50 - 4:50 p.m.

Place: HHES - Library

Instructor: LinguaKids®

Dates: 9/27 – 12/13 (10 wks)-no class 11/22, 11/29

Fee: \$165.00



Martial Arts for Beginners

Students in grades 2 - 4 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your teacher, coordination, self discipline, self control, physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-Shirt to wear in class is optional and must be arranged by visiting Zandri's Martial Arts directly prior to the first class. Contact them at 775-7150.

Day: Friday

Time: 3:50 – 4:35 p.m.

Dates: 10/5 – 11/2 (4 wks) – no class 10/26

Instructor: Zandri's Martial Arts Fee: \$28.00

Place: Huckleberry Hill School – Lower Gym

Fungineering

Young budding engineers in grades 2 – 4 love this “hands-on”, “minds-on” program. Concepts of simple machines are introduced through a series of activity card LEGO building projects. We will be building racecars, catapults, bubble blowers and more. With the use of a motor and electrical controls, the models come alive right before their eyes. Class is limited to 12 students.

Day: Monday

Time: 3:50 - 5:00 p.m.

Dates: 11/5, 11/19, 11/26, 12/3, 12/10 (5 wks)

Place: HHES - Library

Instructor: Computer Explorers Fee: \$82.00

Basic Drawing and Watercolor



Students in grades 2 – 4 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be successful at their ability level, culminating

with the completion of a painting. Please ask for a materials list when registering. (Materials cost is approximately \$40.00). Bring a snack and a drink each week.

Day: Tuesday Time: 3:50 – 5:20 p.m.

Dates: 9/25 – 12/4 (8 wks)-no class 10/9, 11/6, 11/27

Place: Huckleberry Hill Rm 201 Fee: \$85.00

Instructor: Victoria Lange

Drawing Mixed Media



Paint, Draw & More! drawing classes teach young artists in grades 1-4 to draw what they see, to enhance their drawings with

their own ideas and concepts, and to use different materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. We use the highest quality materials we can to help our students obtain the best results for their efforts. For more information about Paint Draw and More programs, visit www.paintdrawmore.com

Day: Friday Time: 3:50 p.m. – 5:20 p.m.

Session 1: 10/5, 10/12, 10/19, 11/2, 11/9 (5 wks) Fee: \$105

Session 2: 11/16, 12/7, 12/14, 12/21 (4 wks) Fee: \$84.00

Instructor: Paint, Draw & More!

Place: HHES Art Room

Hip Hop

Join professional Hip Hop instructor Austin Dailey AKA Bboy Red Supreme. He has a creative approach to teaching street funk moves. Students will discover and develop their own freestyle ability. Classes will cover the foundation of break dance, popping and waving, hip hop steps, party moves, popular party line dances, and innovative dance games. Besides learning new dance skills and some history about Hip Hop, Austin's main goal is to get kids to build their self image. Only the hottest dance music is used in class, so come find the beat and get funky when moving your feet. All beginners are welcome and no experience is needed.

Day: Tuesday Dates: 11/13, 11/20, 12/4, 12/18 (4 wks)

Session 1: Grades 2 – 4 3:50 – 4:50 p.m.

Session 2: Grades K and 1 5:00 – 6:00 p.m.

Session 3: Grades 5 - 8 6:10 – 7:10 p.m.

Place: HHES – Lower Gym Fee: \$44.00/session

New ~ Acting Classes Grades 2-4



We were so impressed with Performing Arts Program's summer camp, that we asked them back to do acting classes with us this fall! Some of the topics that will be covered include: exciting theater games,

concentration exercises, voice and speech, improvisational exercises, acting terminology, sense memory, subtext, stage skills, script work and more! At the end of this session there will be an informal performance to demonstrate what participants have been working on. These classes will also be challenging and offer new and exciting activities for the more experienced participant as well!

Day: Monday Time: 3:50 – 4:45 p.m.

Dates: 10/15 – 12/3 (7 wks) – no class 11/12

Place: HHES – Upper Gym Fee: \$95.00

Instructor: www.performingartsprograms.biz



Junior Floor Hockey

Students in grades 2 - 4 will learn the basic rules of floor hockey and participate in games. All students are asked to bring their own goggles.

Session 1: Wednesday, 9/26 -12/5 (8 wks)-no class 10/31, 11/21, 11/28

Session 2: Thursday, 9/27 – 11/15 (8 wks)

Time: 3:50 – 4:50 p.m.

Fee: \$40.00/session

Place: HHES Lower Gym

Youth Wrestling Program

The Brookfield Youth Wrestling Program is open to boys and girls ages 8 through 13. The program, open to those with little or no previous wrestling experience, will emphasize enhancing proper techniques, strength and conditioning skills. The program covers all aspects of wrestling including takedowns, escapes, reversals, pinning combinations and tilts. These techniques will be shown in a sequence that makes it easy for the wrestler to understand. Staff will consist of many local coaches and current and past wrestling stand-outs. Participants should wear sneakers, shorts, and a t-shirt. Everyone will receive a Brookfield Wrestling T-shirt.

Day: Wednesday and Friday

Time: Age 8-10 5:30 – 6:30 p.m. Fee: \$60.00

Age 11-13 6:45 – 8:15 p.m. Fee: \$65.00

Dates: 11/7, 11/9, 11/14, 11/16, 11/28, 11/30, 12/5, 12/7, 12/12, 12/14(10 classes)

Place: Huckleberry Hill Lower Gym

Instructor: Josh Levine



“No Cook” Creations

Come and explore the many foods that you can create without the use of an oven or stove.

Open to students in grades 2 – 4. Please make us aware of any food allergies when registering.

Day: Wednesday Time: 3:50 - 4:50 p.m.

Place: HHES Art Room Fee: \$39.00/session

Session 1: 10/3, 10/10, 10/17, 10/24 (4 classes)

Session 2: 11/7, 11/14, 12/5, 12/12 (4 classes)

Instructor: Pam Zavarelli

New ~ Impressionistic Art Through the Eyes of a Child

We all know Madame Minier as a wonderful French teacher, but did you know that she has a degree in art history, as well? Students in grades 2-4 will discover the world of Impressionistic Art and be taken on a magical journey through the paintings of Degas, Renoir, Gauguin, Monet and Van Gogh. Madame Minier will read stories about children their age who have been on adventures to impressionistic museums, trips to Paris, visits to Monet's gardens and learn to appreciate the brilliance of these artists. Through books, pictures, movies and more, children will study, analyze and express their feelings about several famous works by these artists and then using colored pencils will create a book of their own renditions.

Day: Thursday Time: 3:50 – 4:45 p.m.
 Dates: 9/27 – 11/15 (8 wks) Fee: \$72.00
 Place: HHES Art Room
 Instructor: Margee Minier

Learn to Ice Skate Grades 1-4



Included is a free skating pass so that participants may practice at no charge during any public skating session for the eight-week duration of the program, as well as skate rentals if needed. We are currently offering Skate levels 1 and 2 concurrently with different instructors.

Skate 1: Entry level class for those with little or no experience on the ice. Skaters will learn the proper way to fall down and get up as well as marching and gliding across the ice. They will also be introduced to forward swizzles, backward wiggles and stops. Skate 2: This class is for graduates of Skate 1 or for those skaters who have skating experience but not formal lessons. Skaters must be able to skate and glide on their own. They will learn 2-foot and 1-foot glides, forward and backward swizzles, alternating forward ½ swizzles and snowplow stops.

Place: Danbury Ice Arena, 1 Independence Way
 Day: Wednesday Dates: 10/31 – 12/19 (8 wks)
 Time: 4:35 – 5:05 p.m. Fee: \$128.00/session

Whisconier After School



Babysitting 101

This Red Cross accredited course will instruct babysitters ages 11 and up in the responsible care of children, including: basic care, safety, first aid, and first aid for breathing emergencies. All students will

receive their own textbooks filled with useful information for babysitters. Red Cross Babysitter Certification cards will be awarded upon successful completion. Please bring a lunch and drink and a pen or pencil. Classes are held at Town Hall.

Session 1: Friday, September 28 9:00 a.m. – 3:00 p.m.
 Session 2: Friday, October 26 9:00 a.m. – 3:00 p.m.
 Session 3: Tuesday, November 6 9:00 a.m. – 3:00 p.m.
 Instructor: Peggy Boyle Fee: \$55.00/session



Basic Drawing and Watercolor

Students in grades 5 - 8 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be successful at their ability level, culminating with the completion of a painting. Please ask for a materials list when registering. Materials cost is approximately \$40.00. Bring a snack and a drink each week. Late bus transportation is available from WMS after school for this program.

Day: Monday Time: 2:30 – 4:00 p.m.
 Dates: 9/24 – 11/26(8 wks)-no class 10/8, 11/12
 Instructor: Victoria Lange Place: WMS Art Room
 Fee: \$85.00



Golf Lessons for Juniors

Open to golfers of all skill levels, these classes are intended to provide students ages 8 – 15 with a solid base in the fundamentals of golf, as well as to get them prepared to play

and to enjoy the game. The classes are ideal for both beginners who have never played before and for more experienced players who want to improve one or all aspects of their game. The typical class schedule is:

Class 1: Introduction/Set-up and Swing with Irons

Class 2: Review/Set-up and Swing with Woods

Class 3: Pitch Shots and Bunker Play

Class 4: Chipping and Putting

Also included during these classes will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5 iron will be used during class 1 and clubs for other sessions will be discussed during class. Fee is \$110.00 for any one month of four classes. All classes meet 4:30 – 5:30 p.m. at Golf Quest, 1 Sand Cut Road.
 October: Tuesdays – 10/9, 10/16, 10/23, 10/30
 November: Mondays – 11/5, 11/12, 11/19, 11/26
 December: Thursdays – 12/6, 12/13, 12/20, 12/27

Youth Wrestling Program

The Brookfield Youth Wrestling Program is open to boys and girls ages 8 through 13. The program, open to those with little or no previous wrestling experience, will emphasize enhancing proper techniques, strength and conditioning skills. The program covers all aspects of wrestling including takedowns, escapes, reversals, pinning combinations and tilts. These techniques will be shown in a sequence that makes it easy for the wrestler to understand. Staff will consist of many local coaches and current and past wrestling stand-outs. Participants should wear sneakers, shorts, and a t-shirt. Everyone will receive a Brookfield Wrestling T-shirt.

Day: Wednesday and Friday

Time: Age 8-10 5:30 – 6:30 p.m. Fee: \$60.00

Age 11-13 6:45 – 8:15 p.m. Fee: \$65.00

Dates: 11/7, 11/9, 11/14, 11/16, 11/28, 11/30, 12/5, 12/7, 12/12, 12/14(10 classes)

Place: Huckleberry Hill Lower Gym

Instructor: Josh Levine

Hip Hop

Join professional Hip Hop instructor Austin Dailey AKA Bboy Red Supreme. He has a creative approach to teaching street funk moves. Students will discover and develop their own freestyle ability. Classes will cover the foundation of break dance, popping and waving, hip hop steps, party moves, popular party line dances, and innovative dance games. Besides learning new dance skills and some history about Hip Hop, Austin's main goal is to get kids to build their self image. Only the hottest dance music is used in class, so come find the beat and get funky when moving your feet. All beginners are welcome and no experience is needed.

Day: Tuesday Dates: 11/13, 11/20, 12/4, 12/18 (4 wks)

Session 1: Grades 2 – 4 3:50 – 4:50 p.m.

Session 2: Grades K and 1 5:00 – 6:00 p.m.

Session 3: Grades 5 - 8 6:10 – 7:10 p.m.

Place: HHES – Lower Gym Fee: \$44.00/session

Weight Training for Beginners



These classes provide students age 13-17 a solid base in the fundamentals of weight training. Upon completion of this course, students will be able to follow a workout with

weights using proper form and technique. Exercises such as Squat, Bench Press, and related assistance movements will be emphasized. This is a great class to safely and properly learn how to use weights.

Day: Saturday Time: 9:00 – 10:30 a.m.

Dates: 9/29 – 10/20 (4 wks) Fee: \$75.00

Place: Powerhouse Gym Instructor: Rob Delavega

Hip-Hop

An aerobic class for teens and preteens that love to dance! A fat burning workout that makes you feel like you're in your own music video. Please note that students must provide their own transportation.

Day: Wednesday Time: 3:30 – 4:30 p.m.

Dates: 9/26 – 12/19 (11 wks)- no class 11/21, 11/28

Instructor: Kayla Jowdy Fee: \$121.00

Place: The Body Shop Fitness Club



Digital Photography

Come join us and capture the moment! What better way to capture the world than through a digital camera lens, using WMS

grounds as our canvas. Students will learn how to operate a Sony Mavica digital camera, which we will provide, and learn picture effects such as color, black & white, sepia tone and more. Students will learn the techniques of composing and image by the use of light and subject placement. The technique of formal portraiture will be presented by the use of videos, image printouts and slideshows. All students' work will be transferred to the computer for critique and the basics of Adobe Photoshop will be covered. Students are welcome to bring their own digital cameras if they have one.

Session 1: Monday, 9/24- 11/26 (8 wks)-no class 10/8, 11/12

Session 2: Tuesday, 9/25 – 11/20 (8 wks)- no class 11/6

Time: 2:30 – 4:00 p.m. Place: WMS Room

Instructor: Penny Brennan Fee: \$88.00/session



Tween & Teen Yoga

A class for 11-16 year olds. Teens who think yoga is too sissy will find this lively class with upbeat music a nice combination of physical challenge, stress relief, relaxation and fun.

Yoga practice benefits today's busy adolescents just as it would any other person allowing them to de-stress and center themselves. It's an inspiring way to cultivate confidence, improve focus, increase body awareness, and create a positive body image. Chill out with other teens in this ancient Indian art of self-discipline and development. Plus...yoga is cool. No yoga experience is necessary. All levels welcome. Wear loose or stretchy clothing.

Day: Monday Time: 4:00 – 5:00 p.m.

Dates: 9/24 – 12/17 (12 wks)-no class 10/8

Instructor: Karen Pierce Fee: \$126.00

Place: YogaSpace, 777 Federal Rd.

New ~ Acting Classes Grades 5-8

We were so impressed with Performing Arts Program's summer camp, that we asked them back to do acting classes with us this fall! Some of the topics that will be covered include: exciting theater games, concentration exercises, voice and speech, improvisational exercises, acting terminology, sense memory, subtext, stage skills, script work and more! At the end of this session there will be an informal performance to demonstrate what participants have been working on. These classes will also be challenging and offer new and exciting activities for the more experienced participant as well!

Day: Monday Time: 5:40 – 6:35 p.m.

Dates: 10/15 – 12/3 (7 wks) – no class 11/12

Place: HHES – Upper Gym Fee: \$95.00

Instructor: www.performingartsprograms.biz



Successful Study Skills for the Middle School Student

Good study skills and strategies can mean the difference between failure and success in school. These abilities become more and

more vital as workloads increase for students moving through middle and high school. In this one-day overview program students will be introduced to organizational and study strategies along with time management guidelines and test taking tips. Students will leave with several hand-outs to help them put these guidelines into action in the real world.

This is a limited small group session taught by an experienced teacher of Study Skills. Material is geared toward students in middle and high school.

Day: Saturday Time: 11:00 a.m. – 1:00 p.m.

Date: 9/29 Fee: \$35.00

Place: Tutoring Club, 270 Federal Road

Instructor: Susan Taylor



Think Snow! We are planning our ninth annual "Learn to/ Love to ski/snowboard program" for 5 – 8th graders on Friday nights to Mohawk Mountain in Cornwall, CT. The program will provide transportation after school to and from WMS, and is tentatively scheduled to run for 5 weeks, January 4 – February 1, 2008. A detailed flyer will be sent out through WMS in early November and will be posted on our website.

Youth Basketball Leagues

All basketball programs are canceled on 12/29/07 and 2/16/08. Any additional cancellations will be made up at the end of the program.

Biddy Basketball



This educational league is divided into divisions by grade level: A for boys in grades 2 & 3, B for boys in grades 4 & 5, and G for girls in grades 2 – 3 and 4 - 5.

Following an evaluation clinic, participants will be placed on teams and compete against other teams in their division, followed by a week or two of playoffs. There will also be open gyms and practices scheduled during weekday evenings starting in January.

Supervisor: Fern Smenyak Fee: \$75.00
Dates: 12/1 – 2/23 (11 weeks) Day: Saturday

Boys Grades 2 – 3 (Biddy A)

Time: 9:00 - 11:00 a.m. on 12/1. Will play for 1½ hours between 8:00 –11:00 a.m. starting 12/8. Meet at Huckleberry Hill School Upper Gym.

Boys Grades 4 – 5 (Biddy B)

Time: 3:30 – 5:00 p.m. at Brookfield High School

Girls Grades 2 – 3 (Biddy G 2-3)

Time: 12:00 – 1:30 p.m. at Huckleberry Hill

Girls Grades 4 – 5 (Biddy G 4-5)

Time: 2:00 – 3:30 p.m. at Brookfield High

Girls' Basketball

An evaluation clinic for girls in grades 6 - 9 will be held on December 1, and will be followed by 10 weeks of league play. Teams will play in one game each Saturday, and also have Saturday practice.

Dates: 12/1 – 2/23 (11 weeks)
Day: Saturday Fee: \$75.00
Time: 1:30 – 3:00 p.m. Place: HHES–U.Gym

Boys' Basketball

An evaluation clinic for boys in grades 6 - 9 will be held on December 2. Teams will be made for grades 6 - 7, and grades 8 - 9, and league play will begin on December 9. Teams will play in one game each Saturday, and have scheduled practice time on Saturday as well. **On 12/1, all 6 & 7 graders are to report at 9:00 a.m. until 10:30 a.m. On 12/1, all 8 & 9 graders are to report at 10:30 a.m. until 12:00 p.m.**

Dates: 12/1 – 2/23 (11 weeks)
Day: Saturday Fee: \$75.00
Time: 8:00 a.m.- 1:00 p.m. Place: BHS



Iddy, Biddy Basketball

Children in first grade will practice the basic skills of basketball including dribbling and passing in a fun, non-competitive atmosphere. All children will receive an iddy biddy basketball T-shirt.

Day: Saturday Dates: 1/5 – 2/23(7 weeks)
Time: 11:00 a.m.- 12:00 p.m. Place: HHES – U.Gym
Fee: \$52.00

We are looking for adults to coach in all of our basketball programs. Please call Parks & Rec. if interested.

Brookfield High School

New ~ College Planning 101:

Introduction to Admissions

Your student is beginning the college planning process. But where do you start? PSAT first? Which test should follow, SAT or ACT?--And when? How do you choose schools? When do you visit? What about those endless applications and essays? This seminar gives you a road map to the process based on the experiences of seasoned admissions counselors. It is geared toward the families of current HS Juniors entering the process and sophomores who want a head start. Parent(s) and their student should attend.

Day: Thursday Time: 7:00 – 9:00 p.m.
Date: 10/11 Fee: \$25.00/family
Place: Tutoring Club, 270 Federal Road
Instructors: Neil Adam- Academic Director, Admissions
Councilor and Bill Gross, Director

New ~ SAT Math Review

This course is for the student who would like to focus on preparing for the math section of the SAT or who would like to improve their score on the math portion of the test. The course will include concepts review and practice tests. A copy of the 2006 Edition of "The Official SAT Study Guide" for each student is included in the course fee. Class maximum is 10 to allow for individualized attention.

Day: Tuesday Time: 7:00 - 9:00 p.m.
Session 1: 9/25- 10/30 (6 wks) Fee: \$130.00/session
Session 2: 11/13 – 12/18 (6 wks)
Place: BHS Classroom Instructor: Margie Aldrich

From the Director

During the Summer of 2007, we were pleased to serve over 2100 children ages 3.5 years and up in a variety of fun-filled day camps 200 + in swim lessons, 132 in our swim team program and over 100 adults in various programs and trips. Many thanks to our dedicated Camp, Waterfront, and Administrative staff for making this summer one to remember.

Our annual Concerts in the Park and Drive in Movie Nights were once again very popular with many of our residents. We would like to thank all of those who attended, and especially the civic groups, area business and organizations that once again made them possible through their generous contributions.

Coming on-line this fall are the two new all-weather synthetic fields and a refurbished track at the HS making BHS a "state of the art" athletic complex. These facilities will be available for our HS teams as well as our youth leagues as schedules allow. If you have not seen the facilities take a walk around the track this fall.

The multi-use paved bike path along the Still River corridor (that will link the four corners area with areas South of Town Hall) has been moving forward as well. This Summer we selected a designer for the project and negotiated a fair price for the work to be done. 80% of this project is federal dollars and several state and local regulatory agencies are involved making for a slow moving project. The process is well underway and below is a realistic timetable:

Design Firm Selected – Summer 2007
Public Input/ Path Design – Fall / Winter 2007
Approvals & Permitting – Winter / Spring 2007- 2008
Bidding Process– Fall 2007-Winter 2008
Groundbreaking Summer / Fall 2008
Completion —Winter / Spring 2008 - 2009

Your Recreation and Park / Grounds staff continue to maximize the Department's limited resources by improving upon Brookfield's recreational programs and facilities. Dennis DiPinto, Director

**FRIENDS OF THE BROOKFIELD LIBRARY
ANNUAL FALL BOOK SALE
at the Brookfield Library
182 Whisconier Road**

October 4* 10:00 a.m. – 5:00 p.m.
 *\$15 for all day admission (get the best selection)
 October 5 10:00 a.m. – 5:00 p.m.
 October 6 10:00 a.m. – 5:00 p.m.
 October 7 11:00 a.m. – 3:00 p.m. \$10/bag
 October 8 11:00 a.m. – 3:00 p.m. \$5/bag

ST. JOSEPH'S PARISH CARNIVAL

St. Joe's will be holding its 2nd Annual Carnival on Friday, Sept. 28th (6-10 PM), Saturday, Sept. 29th (1-10 PM), and Sunday, Sept. 30th (1-5 PM) on the parish grounds. The carnival is open to the entire community! With new rides, food, fried dough, games, a hot air balloon and more, it is sure to be a fun time for the entire family. Wrist bands will be available for rides. There will also be live Jazz in the dining tent from 6-8 PM Friday (the Randi/Erickson Project), and from 5-7 PM on Saturday (the Creative Music Trio). Radio personalities from I95 (Friday 7-9 PM) and Y105 (Saturday 2-4 PM) will also be there with giveaways and great music. Parking will be available at Center School, the Historical Society, and the Old Township Building. A free van shuttle will be running continuously between Newbury Congregational Church (Rt. 133 and Tower Rd.) and St. Joe's. Hope to see you there!

HOLIDAY TREE LIGHTING

Ring in the Holiday Season with the Brookfield Girl Scouts at their 2nd Annual Holiday Tree Lighting on Saturday, November 24, 2007 at the Brookfield Community/Senior Center. The festivities begin at 5:00 p.m. sharp and include caroling, refreshments and pictures with Santa. Rain/snow date is Sunday, November 25.

Youth Sport Contacts and Information

Brookfield Baseball & Softball Association (BBSA)
www.leaguelineup.com/Brookfield

Fern Smenyak, President 740-9219
 Steve Harding, FALL Baseball & Softball 740-1979
 Cancellation Hotline 775-5238

Brookfield Soccer

www.brookfieldsoccer.org

Registration Hotline 775-7336
 Cancellation Hotline 775-5239

Brookfield for Youth Football

www.bfyf.net

Tom Huse, President 775-7103
 Bob Drysdale 775-3569
 Cancellation Hotline 775-5241

**Brookfield Lacrosse Club
Spring 2008 Registrations**

*Registrations conducted online beginning in Oct 2007. Visit our website at www.brookfieldlax.org for more information

*Open to Boys and Girls grades 2-8, with limited K-1 programs.

*We strive to maintain a safe, positive, encouraging environment with reasonable, yet challenging expectations, as well as competition commensurate with age/grade level

*Our three goals:

- Teach the technical aspects of the game of lacrosse
- Develop a passion for the game
- Maintain a close liaison with the high school programs for those who want to go on to play at that level

*Club season begins indoors in March, and runs through June - however, numerous off-season, summer camp, and local sponsored programs are available. See the website!

*Select teams available at the 5-6 and 7-8 levels depending on size of registrations

*Membership in US Lacrosse (and magazine) included in registration fee

*Limited pre-season practices indoors for 1 hour a week for all levels starting in late January.

*We are always looking for coaches! Experience coaching or playing lax is great, but not necessary.

*Contact President Rob Bonn @ (H) 203.740.9553, (C) 203.449.8919, or at robertbonn81@cs.com or Vice-President Kevin Madden @ (H) 203.775.4434, (C) 203.240.1020, or Kevin.Madden@ge.com.

Frequently Requested Phone Numbers

Boy Scouts	Ray Pflomm	775-8167
State of CT DEP	Division of Boating	(860)434-8638
Conservation Commission	Alice Dew	740-2419
Garden Club	Betty Ziegler	775-2279
Girl Scouts		
Daisy (Kindergarten)	Lynn Ecsedy	775-0817
Brownie (Grade 1)	Julie Blick	740-9015
Brownie (Gr. 2 & 3)	Jennifer Evers	jeverson@sbcbglobal.net
Junior (Grades 4-6)	Laura Hancock	775-8543
Cadette/SR (Gr 7-12)	Elaine Gregory	482-9381
Adult Leadership	Julie Blick	740-9015
Lion's Club	Robert Rascona	740-9261
MOMS Club® of Brookfield West	Margaret Petta Kristi Lynn H.	775-5854 775-4641
Newcomers P.O. Box 263	Rachel Scott Elena Goletz	740-0908 740-7271
Rotary Club	Russ Cornelius	775-8010
Senior Center	Ellen Melville Gail Pellis	775-5308
Youth Employment	Nina Parks & Rec.	775-7310